



Drink Up!

Very Delicious, 100% Vegan,
Nutrient Rich



100% Vegan, Allergy-Friendly, Lactose-free, Dairy-free, Gluten Free, Kosher, Non-GMO, Sugar Free.

Coconut Milk

(concentrated powder) is one of nature's finest Superfoods for promoting health and vitality. Coconuts are one of the nutrient richest foods on the planet. They are a good source of iron, phosphorus, zinc and other minerals and vitamins. Coconuts are also a good source of protein and fiber while containing few naturally occurring sugars. According to recent scientific consensus, the saturated fats contained in coconuts are metabolized as soon as they are consumed and are not converted into cholesterol or body fat. It is packed with EFA's, Omega 3's and is also a rich source of Caprylic and Capric Acids which are known for their anti-viral and anti-fungal properties. Naturally free of dairy, lactose, cholesterol and gluten.



*How to make a
delicious cup of
Coconut Milk:
Mix 1-3 teaspoons
into warm water.
Let it stand for a
minute. Enjoy!*



Coconut Milk

New Ideas

Make Fluffy Pancakes

Combine 4.5 ounces (1 cup) all-purpose flour, 1 tablespoon sugar, 2 teaspoons baking powder, and ¼ teaspoon salt. Whisk together 1 cup light coconut milk, 1-½ tablespoons canola oil, and 1 egg; combine with dry ingredients. Cook as usual for pancakes. Yield: 4 servings.

Make Coconut Ice

Freeze coconut milk in ice-cube trays. Use the coconut cubes for margaritas on the rocks, rum and colas, or in place of regular ice for daiquiris or other slushy blended drinks.

Make Coconut Milk

Mix 1 teaspoon of Coconut Milk Powder with 6 oz. of warm water. Adjust to your taste. Enjoy!

Blend Up A Smoothie

Place 1/2 cup frozen mango cubes, 1/3 cup light coconut milk, 1/4 cup nonfat coconut-flavored yogurt, 1 tablespoon fresh lime juice, and 1-½ teaspoons sugar in a blender; process until smooth. Yield: 1 serving.

Jazz Up Your Morning Cereal

Use a combination of coconut milk and dairy or soy milk to enliven your everyday breakfast bowl. Try a ratio of roughly 2 parts dairy or soy milk to 1 part light coconut milk for a hint of sweetness and a surprisingly nice hint of nutty essence.

You May Also Like:

Power Shot Organic Superfood Greens



with Organic Spirulina, Chlorella, Moringa, Noni and more!
180 gms. 60 servings

Organic Rice Milk Powder



Use in smoothies, recipes
or drink it straight!
180 gms.